STATE OF NEW HAMPSHIRE
DEPARTMENT OF HEALTH AND HUMAN SERVICES

New Hampshire Medicaid Program

To: NH Medicaid Enrolled Providers

From: NH Division of Medicaid Services

Date: October 9, 2025

Subject: **Change in Medicaid Coverage for GLP-1 Medications**

Effective January 1, 2026, New Hampshire Medicaid will no longer cover GLP-1 medications when prescribed solely for weight loss. These medications will continue to be covered when prescribed for other chronic health conditions.

What Providers Need to Know:

- GLP-1 medications (such as Saxenda, Wegovy, and Zepbound and any generic versions) will no longer be reimbursed by Medicaid if prescribed exclusively for weight loss purposes.
- Coverage will remain unchanged for members using GLP-1s as part of a treatment plan for other chronic health conditions such as the treatment of type 2 diabetes, major adverse cardiovascular events (MACE), severe obstructive sleep apnea and Metabolic Dysfunction-Associated Steatohepatitis (MASH).

Provider Action Steps:

- Review current treatment plans for Medicaid members prescribed GLP-1s.
- Discuss alternative weight management options with affected members, such as:
    - Medicaid-covered weight loss medications (if applicable)
    - Physical therapy for deconditioning and home exercise programs
    - Lifestyle modification programs offered by community organizations
- Support members in transitioning to covered services or treatments that meet their clinical needs.

We understand this change may be difficult for some members. Your role in helping them navigate alternative care options is essential. Thank you for your continued support in delivering high-quality care to our Medicaid population.

If there are questions on how one of the NH Medicaid Managed Care Organizations (MCO) handles the above information, please reach out to your MCO provider representative.

If there are any questions on this notice, please contact the Provider Relations Unit at (603) 223-4774 or (866) 291-1674.

Thank you,

NH Medicaid Provider Relations